



# Port Moody Times

Thursday  
September 19, 2024  
Day 2

## TERRY FOX RUN

Good morning Port Moody Secondary. We have begun our fundraising for Terry Fox's dream, a world without cancer. The Canadian athlete and cancer research activist, despite losing his leg to cancer, embarked on the "Marathon of Hope", running over 5,300 kilometres across Canada to raise awareness and funds for cancer research.

Now it's our time to continue his challenge and work to reach our school's goal of raising \$4390. Last year we exceeded our goal of \$3600. If everyone brings \$3 to their block 3 class, we can reach and even exceed that goal again! We will collect each day leading up to our annual run and assembly on September 19th. The two classes that raise the most money will receive a pizza lunch. Help our school continue Terry Fox's legacy. Visit <https://schools.terryfox.ca/73606> if you wish to donate online.

Go PMSS!

## ALTERED BELL SCHEDULE

### Terry Fox Run

### THURSDAY, SEPT. 19, 2024

Block	Schedule
1	7:40 – 8:45
2	8:50 – 9:55
Terry Fox Run	10:00 – 11:05 <i>(students will go to their Block 3 class. Teachers, take attendance and then bring classes down to the gym).</i>
3	11:05 – 12:10
Lunch	12:10 – 12:50
4	12:50 – 1:55
5	2:00 – 3:05

## ROBOTICS CLUB

Are you interested in designing, building or coding robots? Robotics Club is looking for new members. Our season has already started and spots are limited! Sign up now: <https://forms.office.com/r/SXzhMCGyC8>



**TONIGHT Thursday September 19<sup>th</sup>**  
**from 5:30pm – 7pm**

Everyone is welcome to come by the school,  
look around  
and meet the teachers.

**TUESDAY, SEPTEMBER 24<sup>TH</sup> - GRAD COMMITTEE MEETING - LUNCH TIME IN ROOM 321**

All 2025 Grads who are interested in making decisions around grad clothing, grad events, grad dinner/dance and after grad should come to the Grad Committee Meeting. Let's make this the best grad yet!!

**PMSS ATHLETICS APPLE FUNDRAISER RETURNS!!**



If you or someone you know would like to buy Farm fresh Okanagan apples, follow the link and order a box today!

Option 1: be a buyer and just purchase apples for yourself,

Option 2: create a link to send to anyone who you think would want to get in on these apples. This option can get you discounts on price per box.

Read through the website for more details.

[https://fundraising.sunokafruit.com/seller\\_1/091482430/org-campaign/port-moody-athletics-harvest-2024](https://fundraising.sunokafruit.com/seller_1/091482430/org-campaign/port-moody-athletics-harvest-2024)

Thank you for supporting our PMSS athletic programs!

**LOCKERS: New Procedure - Update**

Our enrollment has increased and we are implementing a new program for students to request a locker:

If you'd still like to get a locker, please use the QR code below to request a locker.



***This form is available until September 19<sup>th</sup>.*** Thank you for your patience as we work our way through the new process.

If you wish to change your locker size and/ or location, please email the office with your request. We will re-evaluate all requests once all lockers are assigned after Sept. 19.

**CANUEL CATERS CAFETERIA**

Cafeteria is looking for lunch time cashier for Mondays and Fridays with the possibility of extra shifts. 15-20min per shift. Perfect way to get in some work experience and hours along with some perks. Please see Tina for more details.

**TRANSLINK**

As Translink is increasingly busy, please keep the following in mind when you are taking public transit.

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

# ONGOING

## MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

**PMSS TIMES:** The PMSS Times will be distributed on *Tuesdays* and *Thursdays*, starting *today*. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

## CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

### PMSS Career Resource Centre

**Main Office.** Open from 8:00am – 3:30pm Monday-Friday.  
**Questions?** Email Ms. Chang at [mchang@sd43.bc.ca](mailto:mchang@sd43.bc.ca) or call 604-939-6656 ext. 2013.  
**How to keep up with the news?** Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

### Post-Secondary workshops and info sessions

Port Moody Secondary Post-Secondary Info-Sessions: Check out the time/date/location for when you can learn about each school and ask representatives questions!

School/ Program/ Event	Date	Time	Location
Canadian Universities Event (CUE)	September 24th 2024	9:00am – 11:00am	Heritage Woods Secondary School
Ivey Business School at Western University	September 26th 2024	7:00pm – 7:30pm	<a href="https://ivey-uwo.zoom.us/j/99499489755">https://ivey-uwo.zoom.us/j/99499489755</a>
BCIT Health Sciences	October 8th 2024	11:56am – 12:36pm (lunch)	Drama Room
University of Calgary	October 11th 2024	11:56am – 12:36pm (lunch)	Booth in MPR
UBC Forestry	October 11th 2024	11:56am – 12:36pm (lunch)	Booth in MPR
UBC Sauder School of Business	October 16th 2024	11:56am – 12:36pm (lunch)	Library
University of Toronto	October 17th 2024	11:56am – 12:36pm (lunch)	Small Gym
University of Alberta	October 22nd 2024	11:56am- 12:36pm (lunch)	Drama Room
Post Secondary BC Fair (PSBC)	October 24th 2024	12:36 – 1:52 (Blk4)	Small Gym
Western University	October 28th 2024	11:06 – 11:40am (lunch)	Drama Room
Queen's University	October 29th 2024	2:00- 2:30pm (Blk 5)	Library
EducationPlannerBC – Parents as Educators and Career Coaches SD43	October 30th 2024	6:30pm – 8:00pm	Register <a href="#">here</a> .
Simon Fraser University	November 4th 2024	11:06-11:45 (lunch)	Library
McMaster University	November 6th 2024	8:56 – 9:22 (Flex)	Drama Room

University of Victoria – Gustavson School of Business	November 13 <sup>th</sup> 2024	8:56 – 9:22am (flex)	Drama Room
University of Waterloo	November 19 <sup>th</sup> 2024	8:56 – 9:22am (flex)	Drama Room
Langara	December 4 <sup>th</sup> 2024	11:56 – 12:36pm (lunch)	Drama Room

**Ivy + Student Information Session:** Canada will be hosting virtual info sessions for all students to learn about the highly selective college admissions process, and address issues of particular concern to students applying from Canada. This group includes: Brown University, Columbia University, Cornell University, Dartmouth University, Harvard University, Massachusetts Institute of Technology, Princeton University, Stanford University, University of Pennsylvania, and Yale University. To register for Sept 10<sup>th</sup> at 4pm please click [HERE](#). For Sept 24<sup>th</sup> at 4pm, click [HERE](#).

**How to Apply to Post-Secondary 101** is being hosted by Ms. Chang this year on **Wednesday September 25<sup>th</sup>** in the *library* at lunch! We will go through the application process together, and will be answering any questions you have!

**Big Info at BCIT** is back on **Wednesday October 9<sup>th</sup> from 4pm – 7pm** at their Burnaby campus! It’s their largest program expo and information session and your chance to find out all about their programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences. This is *free* and students that register to attend in person have a chance to win \$1000 tuition at BCIT!

### General Learning Opportunities

**Vancouver Film School’s Portfolio Review** is back on September 21<sup>st</sup> from 10am – 1pm for aspiring animators or creative designers looking to launch their industry career and would like professionals to review your creative portfolio. If you don’t have a portfolio, you can learn about how to develop one. There is a virtual option if you are unable to attend in person. For more info, or to register, click [HERE](#)!

**Port Day: Maritime Career Zone** is taking place Saturday September 21<sup>st</sup> from 12pm – 5pm at Ballroom A of Canada place! It is open to Gr. 11 and 12 students with an interest in connecting with industry professionals and for those wanting to discover potential career paths and opportunities within the maritime sector. For more information, please click [HERE](#) or email: [conner.dasilva@portvancouver.com](mailto:conner.dasilva@portvancouver.com)

**BC Children’s Hospital Mini Med School** is open for applications again (deadline is September 27<sup>th</sup>)! This year the theme is from Data to Diagnosis: Navigating Digital Health. It is scheduled for Wednesday October 16, 23, 30 and November 6<sup>th</sup> from 6:30 – 8:00pm. For more information, or to apply click [HERE](#)!

**YVRHacks Youth Hackathon** is happening on **Sunday, September 29<sup>th</sup> from 10am – 6pm** at the Vancouver Independent School for Science and Technology. This event is a beginner-friendly event for all BC high school students with an interest in coding! If you’re looking to hone your skills, learn something new and potentially win over \$1000 in prizes, click [HERE](#) to register!

**Vancouver Area Independent Schools US College Fair** is coming to West Point Grey Academy on Thursday, October 10<sup>th</sup>, 2024, from 5-7pm! With confirmed admission representatives from Boston University, University of California Berkeley, University of Chicago and many more! Come learn more about post-secondary opportunities in the US. Visit [HERE](#) for more info!

**Youth to Sea Leadership Program** is open for applications until October 15<sup>th</sup>! This 8-month long program is open to any 15-18 year old Canadian citizen or refugee living in Canada interested in engaging with their community and the ocean. Develop ocean conservation knowledge, and by the end of the program, you would have completed 120 volunteer service hours! For more information and to apply, click [HERE](#)! Email [youth@ocean.org](mailto:youth@ocean.org) if you have any questions.

**JCCF Photography/ Digital Art Contest** invites all Canadians 15+ to enter with prizes of \$2000 for first prize, \$1000 for second and \$500 for third! Students need to submit their entry with the theme *What Freedom in Democracy Looks Like to Me*. Deadline to submit is October 27th. Click [HERE](#) to apply or for more info!

**National Portfolio Day** is back on Saturday Nov 16th at 11am at Emily Carr Emily Carr 520 East 1st Avenue, Vancouver. It's an opportunity to meet with representatives from colleges and universities accredited by the National Association of Schools of Art & Design and have your portfolio reviewed. Click [HERE](#) for more info or to register!

**OceanWise – Youth to Sea Leadership Program 2024-25** is looking for Canadian/ PR/ refugees aged 15-18 to join their 8 month program (October to May) and learn about engaging their local community and making connections between themselves, their community, and our ocean. It will bring youth together to provide them with opportunities to develop their ocean conservation knowledge and personal skills. Participants will even have earned at least 120-service hours by the end of the program. Any questions? Please email [youth@ocean.org](mailto:youth@ocean.org). To apply, click [HERE](#), and for more info, click [HERE](#)!

**SHAD Canada** is now open for applications (**deadline is Dec 1<sup>st</sup> 2024**) to all Gr. 10 or 11 community minded, creative, engaged, and curious youth who want to make an impact on Canada and the world. SHAD is a STEAM and entrepreneurship program with options to dive into an immersive hands-on STEAM content at one of our pan-Canadian university campuses (cost: \$7260) OR from the comfort of your own space at their digital campus with SHAD Anywhere (cost: \$3830). This program will run from June 29 – July 25, with bursaries and scholarship[s] available to support families with financial needs. For more info, or to apply, please click [HERE](#)!

## Trades and Apprenticeship Information

### Volunteer/Employment Opportunities

**Eagle Ridge Hospital – Volunteer Program** is looking for students aged 16-18 years old to volunteer as logistical support team members at Eagle Ridge Hospital! Get involved with the patient, public and provider in a hospital environment! The times are from 4:30 – 7:00pm with a variety of dates to choose from. Click [HERE](#) to apply or for more info!

**Place des Arts:** Youth Council is looking for Gr. 9-12 volunteers with strong interest in the arts and looking to develop their leadership skills. Deadline to apply is *September 20<sup>th</sup> 2024*. Click [HERE](#) to apply. Email [volunteer@placedesarts.ca](mailto:volunteer@placedesarts.ca) if you have any questions.

**Port Coquitlam Youth Advisory Council** is open for applications (until **Sunday October 6<sup>th</sup>**) to all tri-city residents aged 16 – 22 that want to learn about the political process, discuss ideas and get involved in our local community. You have the opportunity to meet with MP McKinnon on issues that matter to you! Certificates are given to students once they surpass 5 hours of volunteering and letter of reference is also supplied to outstanding students! Click [HERE](#) to apply!

**Moody Elementary School is looking for male high school student volunteers to be positive role models for elementary school children! If interested, please apply by Oct 7<sup>th</sup>, and contact Ms. Campbell in her office or via email ([cicampbell@sd43.bc.ca](mailto:cicampbell@sd43.bc.ca)).**

**Elections BC – Youth at the Booth** is hiring 15-18 year old Canadian students to work as an election official at a voting place in their local community. You will be paid at least \$390 a day and will work on October 19<sup>th</sup> + some training days. For more info, click [HERE](#) or email [jobs@elections.bc.ca](mailto:jobs@elections.bc.ca)

**Learning Buddies Network** is looking for reading/ math mentor volunteers that are at Gr 10+ from October to December. Volunteers will prepare lesson materials provided by the organization and track your little buddy's progress. They offer both online and in-person programs. If interested, click [HERE](#). Questions? Email [julia@learningbuddiesnetwork.com](mailto:julia@learningbuddiesnetwork.com)

### Scholarship / Awards

**Morehead Cain Scholarship** is open for nominations (valued at full tuition, housing + fees at the University of North Carolina at Chapel Hill). If you are a leader with a strong moral force of character, have a strong desire to learn and physical vigor, consider applying! The PMSS nomination deadline is *Monday September 23<sup>rd</sup> at 3:00pm*. To apply, please download the form from the Career Centre website or the Career Centre TEAMS. For any questions, please contact Ms. Chang in Rm 2013 of the Main Office or email ([mchang@sd43.bc.ca](mailto:mchang@sd43.bc.ca))

**The University of Toronto National Book Award** (valued at full tuition, incidental and residence fees for up to 4 years of study at the University of Toronto. Finalists will receive \$7500+) is open for nominations! If you are a Canadian citizen intending to begin University with superior academic performance, original and creative thought, and exceptional achievement in a broad context, please consider applying! The PMSS nomination deadline is **Thursday September 26<sup>th</sup> at 3:00pm**. To apply, please download the form from the Career Centre website or the Career Centre TEAMS. For any questions, please contact Ms. Chang in Rm 2013 of the Main Office or email ([mchang@sd43.bc.ca](mailto:mchang@sd43.bc.ca))

**Basant Motors Scholarships** (valued at 15 x \$2200) is open for all Canadian Gr. 12 students with a minimum GPA of 3.2 and demonstrates attributes of good citizenship and service in school and community while planning to attend a post-secondary institution in 2025. The deadline to apply is September 28<sup>th</sup>, 2024. For more info, or to apply, click [HERE](#)!

**Engineers and Geoscientists of BC Scholarships** (varies from \$2500 - \$4000) is open for any high school students entering engineering or earth science programs at select BC schools or entering engineering transfer programs or civil engineering programs, and the Keith E Fenton Memorial Scholarship has a deadline set for Sept 30. Click [HERE](#) to apply or for more info.

**University of Toronto's Lester B. Pearson International Scholarship** (valued for full tuition, books, incidental fees, and full residence support for 4 years at the University of Toronto) is open for nominations to any *international students* (non-Canadian requiring a study permit) who will be in Gr. 12 in Sept 2024. If you are interested in being nominated by the school for this award, please submit a nomination form (found on PMSS Career Centre TEAMS or PMSS Online Career Centre website or visit Ms. Chang in Rm 3065) by **October 1<sup>st</sup>, 2024** to Ms. Chang ([mchang@sd43.bc.ca](mailto:mchang@sd43.bc.ca)) and Ms. Campbell ([cicampbell@sd43.bc.ca](mailto:cicampbell@sd43.bc.ca)). For more information about this scholarship, please click [HERE](#)!

Attention Gr. 12's - **SCHOLARSHIP MEETING #1** will be taking place **AT LUNCH** in the **DRAMA ROOM** on **October 10<sup>th</sup>**! Come learn about scholarships, and tips on how you can fund your tuition for post-secondary. If you have any questions about the scholarship process at all, come join us!

**LORAN Awards** (Valued at \$100,000 + other benefits for LORAN Scholars, and \$6000 for finalists) is open for applications to any Canadian Gr. 12 students with a minimum cumulative average of 85%. The application deadline is *October 15<sup>th</sup> 2024*. If interested, apply [HERE](#). For more info, click [HERE](#)!

# PARENTS

**PMSS 2024-2025 SCHOOL CALENDAR:** Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding PAC, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

# COMMUNITY



### What is Go by Bike Week?

Go by Bike Week is a celebration of cycling, where we encourage everyone in Metro Vancouver to give cycling a try and motivate those who already do to keep riding.  
Ride your bike to the pharmacy, school, work or to grab a coffee, any destination counts and log your trips to track KM's and greenhouses gas savings, the more trips you log, the more prizes you can win! This year's grand prize, sponsored by Exodus Travels, is a holiday to Italy!

[Register for Free](#)



### Free Fall Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting October 2024 on Tuesday, Wednesday, Thursday, and Friday evenings.


Families who join this program will receive a complimentary YMCA membership.

Register today!





[gv.ymca.ca/generation-health-community](https://gv.ymca.ca/generation-health-community)  
[generationhealth@bc.ymca.ca](mailto:generationhealth@bc.ymca.ca)



Imagine This

# KIDS MUSICAL THEATRE CLASSES



Imagine This offers weekly Musical Theatre classes and exciting Spring and Summer Camps (coming soon) for kids and teens aged 6 - 18 in the lively Port Moody area!

4 WEEK  
TERMS **\$220**



## ACT, SING & DANCE

**Ages 6 to 18**  
**Saturday afternoons**  
**3 hour classes**  
**Kids will learn**  
**Vocal techniques**  
**Fun dance moves**  
**Acting skills**

## DATES

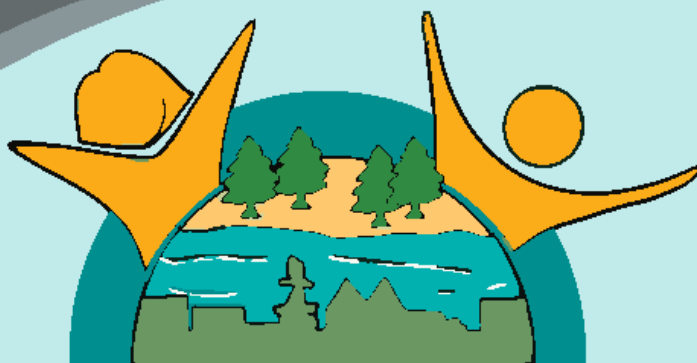
**STARTING ON**  
**OCT 12, 2024**

**POMO ARTS CENTRE**  
2425 ST. JOHNS  
STREET, PORT MOODY

FOR MORE INFORMATION

@imaginethispresents

www.imaginethispresents.com



## Mayor's Youth Summit

**October 25, 2024 • 8:30am–3:15pm**  
**Inlet Theatre, 100 Newport Drive, Port Moody**

Join us at the 2024 Mayor's Youth Summit and make your voice heard! Discuss critical issues, connect with peers, and shape the future of your community.

**Register now - open to all Tri-City youth!**



[portmoody.ca/signmeup](http://portmoody.ca/signmeup)



604.469.4556



Scan the code



**GAIN 7 HOURS  
OF VOLUNTEER  
TIME!**

youth@portmoody.ca  
604.469.4556

Logo designed by Yufei Hu

**PORT MOODY**  
CITY OF THE ARTS